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Dishlickers Resort



Pet Accommodation

40 indoor pens

Large exercise areas

Fully insulated kennel

Floor heating

Air-conditioned

Pick up & delivery service available

**Dishlickers is a distributor for
Eagle Pack & Black Hawk pet foods & Delete Disinfectant**

Merv & Shelley Turner

3 Martin Street, Pearcedale 3912

Phone: 03 5978 6001 Mobile: 0438 381 772

Dishlickers is the home of Katakū Alaskan Malamutes

www.dishlickers.com.au

Windchill Dog Gear

Heavy-duty dog gear for working breeds

PO Box 41, Hurstbridge, 3099

Phone: 03 9714 8540

Fax: 03 9714 8303

Email: windchill@bigpond.com.au



- Sledding, Weight-Pull & Puppy Harnesses
- Car / Walking Harnesses & Walking Belts
- Collars & Leads - range of styles and sizes
- Ganglines for all team sizes
- Canine backpacks & fold-up water bowls
- Dog Stakes, Stake-out Lines & Drop lines
- Embroidered name or phone number tags
and more!

*We make items to suit dogs of all sizes.
Personalised embroidery available.*

Visit our website for a full product list, photos, harness measuring instructions, price list & order form.

www.windchill.com.au

Credit Cards & Direct Deposit payments accepted
Mail Order Service



Alaskan Malamute Club Victoria, Inc.

Registered No. A0016353X

PATRON: Mrs Olive Singer

HONORARY LIFE MEMBERS: Mrs Dulcie Sullivan, Mrs Sandy Koch & Mr Ian Luke

Postal Address:

PO Box 41, Hurstbridge
VIC 3099

General Enquiries:

Ralph & Sandy Koch
9714 8540
Email:
amcv@bigpond.com.au

2012/2013 Committee

President:

Ian Luke
0417 103 615

**Vice President
(Breed Welfare):**

Antoinette Wagenvoort
0401 614 994

**Vice President
(Activities):**

Sharen McPhan
0410 192 210

Secretary

Sandy Koch
(03) 9714 8540

Treasurer:

Ralph Koch
(03) 9714 8540

Show Secretary:

Lorraine Green
5784 1849

Puppy Registrar/Referral:

Michele Nimmo
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Publicity/Education:

Dayna Manser
0433 061 655

Fundraising:

Sharen McPhan
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Malamute Health:

Anna Paxton
0403 758 664

Newsletter Editor:

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(03) 9714 8540

Obedience:

Marty Cord
0497 214 410

Sledding:

Ralph Koch
(03) 9714 8540

Weight pull:

Melanie Gray
0404 104 619

Backpacking:

Stuart Vanderpol
0413 118 305

President's Message

Welcome to the Spring edition of the Malamute Mail.

Melbourne Royal has come and gone, and this year saw the smallest entry we've seen in a very long time. No doubt this is due in part to the shift of our Championship Show away from the Royal. Nonetheless the quality of entry was high, and congratulations to Hayley and Rebecca French-Davis and Shelley Turner's Lennox, aka Hamalek Rumble In The Jungle, not only for Best of Breed, but also a Group 2 placement.

In this edition you'll find the minutes and reports of our Annual General Meeting. On behalf of all members, thank you to those who have offered to serve.

Our premier weight pull event, the Tuggy Shield has also been run and won. The competition has been close and fierce and fun all year, and it was great to see a HUGE entry on the day. It has been fantastic to see the Am Staff club getting involved, and congrats to Sharen McPhan with Tanome Against the Grain, aka Darcy, who won the day.

You will see we have added an Activities Weekend into the calendar. This has been added at the request of members, so please, come and join us. And enjoy your Malamute!

Ian Luke



SCALE OF CHARGES

Membership:

Joining fee	\$10.00
Single (VCA Member)	\$30.00
Non VCA	\$36.00
Double/Family (VCA Member)	\$35.00
Non VCA	\$48.00
Special Interstate (Non-voting)	\$25.00

Other:

"A" Suffix Application	\$5.00
Ch'd Certification	\$10.00
Working Dog Title Application	\$30.00

Non Members:

All advertising for non-members are double the standard rates.

Malamute Mail Advertising:

Members' rates:

Inside front cover – colour	\$50.00
Full page	\$30.00
Full Page - copy ready	\$20.00
Half Page	\$20.00
Half Page - copy ready	\$15.00
Quarter page	\$5.00
Eighth Page: per issue	\$3.00
or per year	\$15.00

Stud Dog Register (1 year)	\$50.00
Breeders Directory (1 Year)	\$25.00
Puppy Register	\$25.00

Vale Notice (quarter page) Free.

Normal rates apply for full and ½ pages.

All Advertisers who pay for a year's advertising will also have their ad placed onto the AMCV website at no extra cost.

2013 Activities Calendar

Please note that this calendar is subject to amendment at the discretion of the AMCV Committee and that scheduling of some events may be altered due to temperature restrictions. Please contact the AMCV or check the website to confirm event schedule & venues

Month	Day	Date	Activity	Event	Venue
NOVEMBER	Sunday	3	Show	Championship	Sunbury
	Wednesday	13	Meeting	Committee	Bulla
	Sat / Sun	16 / 17	Activities	Activities Weekend & AMRAA Fundraiser	You Yangs Western Plantation
DECEMBER	Sunday	1	Christmas Fun Day	Includes BBQ, Funny classes & Fun Agility Comp	Mt Macedon

*not included in AMCV Annual Weight Pull Competition Events not conducted by the AMCV are in italics

For further details please go to the AMCV Website or check the next issue of the Malamute Mail.

2014 CALENDAR COMING SOON!

Email: amcv@bigpond.com.au

Website: www.amcv.org.au

General Enquiries: Phone (03) 9714 8540

EXTREME WEATHER POLICY & RESTRICTIONS: Please note that temperature restrictions apply to some activities. In addition, events may be cancelled if forecast temperature on day of event is equal to or greater than 30°C, or in extreme weather conditions unless otherwise indicated. Please phone or email to confirm.

Working Dog Titles

Please note that a \$30.00 application fee is payable upon submission of Working Dog Title applications. Applications must be submitted one month prior to the Annual General Meeting in order for awards to be presented at the AGM. Application forms for AMCV Working Dog Titles can be obtained from the Secretary or can be downloaded from the AMCV website Documents & Forms page at www.amcv.org.au.

New Champions

Members whose Alaskan Malamutes have gained an Obedience Title, Australian Champion Title, Grand Champion Title or have become a 500 point Champion are eligible for a medallion from the Alaskan Malamute Club, Victoria Inc. in recognition of their Malamutes achievement.

To receive a medallion, members must send a copy of the relevant certificates to the Show Secretary, Lorraine Green, PO Box 216, Broadford, Victoria, 3658 or email to amcv@bigpond.com.au.

The medallions will be presented at the next Annual General Meeting. Notifications must be received prior to the 31st of August to enable the medallion to be engraved. If you need further details please contact the Show Secretary on 5784 1849.

2013 Show Point Score Competition

To enter in the 2013 Show Point Score Competition, please send a marked and signed catalogue (Malamute results & cover pages only) to the Show Secretary, Lorraine Green at PO Box 216, Broadford VIC 3658, or hand your catalogue to Nicole or Dale Green.

This is the official organ of The Alaskan Malamute Club, Victoria Inc. (Incorporations Registration No. A0016353X). Subscription is by membership only. The Editor and Publisher reserve the right to edit all copy including advertisements. The club and the committee assume no responsibility for false claims or articles submitted by the public or individual members or persons. Any views submitted may not necessarily be those of the club or committee

MOVING?



Change of address notifications must be made in writing to the Secretary at PO Box 41, Hurstbridge VIC 3099 or by email to amcv@bigpond.com.au

Malamute Mail

SUMMER 2013 ISSUE

Copy Deadline: **15 December 2013**

If you have any letters, photos, or items of general interest to the members please email them to the Newsletter Editor, Sandy Koch at amcv@bigpond.com.au or mail to: **PO Box 41, Hurstbridge VIC 3099**

Rainbow Bridge

Meeka

Ch Alcaneeeka Tameka

7/10/1999 – 6/11/13

Owned & loved by
Sharen & Colin McPhan

Activities Weekend



Want to learn more about...



Backpacking



Sledding



Weight Pulling

Further Information:

Phone Ian on 0417 103 615,
Ralph & Sandy on 9714 8540 or
email amcv@bigpond.com.au

*Non-members, puppies
and other breeds of dog
are also very welcome*

PLEASE NOTE In extreme weather conditions, days of total fire ban or if the local forecast temperature on day of activities is equal to or greater than 30 degrees, event may be cancelled – please contact the AMCV by email to amcv@bigpond.com.au or phone 03 9714 8540 or 0417 103 615 to confirm.

Saturday & Sunday, 16 & 17 November

Commences 12 pm Saturday, concludes 12 pm Sunday

You Yangs Western Plantation (near Little River)

Enter from Sandy Creek Road Melways – Page 11 – Ref C12

This weekend is ideal for newcomers who want to try out the activities or for those who want to come along and do some training. There will be experienced people to help with training sessions and AMRAA will be providing catering (BBQ Saturday night, brekkie Sunday morning, and camping is available).

We can provide everything from basic obedience, to pull training, passing training, line out training, lead training, weight pull training, backpack training, even show ring training if wanted. Please let us know if there is something you want to try that is not listed.

Equipment will be available to borrow, and given the time of year, if you want to try a sledding training run, later in the evening or early in the morning is best, so camping would be best.

We'd really love to see lots of people and pooches, so put in your diary, come and have some fun!

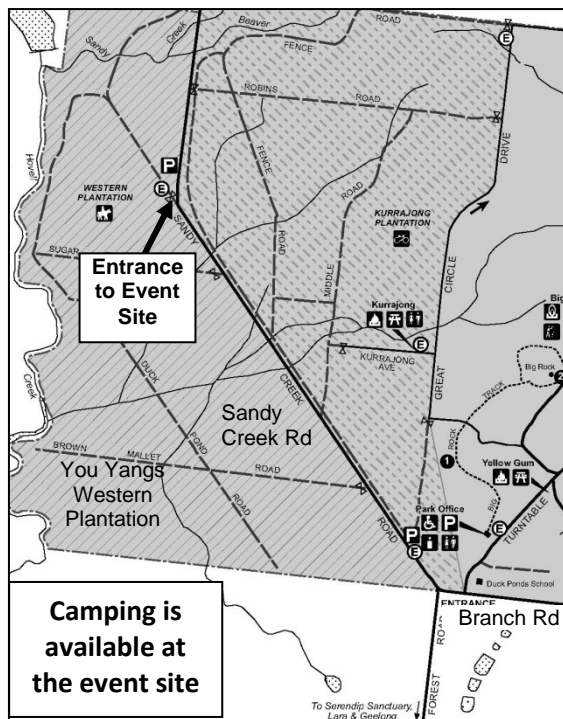
There will also be some working-dog and Malamute related items for sale, however if you are interested in purchasing a particular item, please email the AMCV prior to the event.

Directions :

From Melbourne – Take the Princes Highway towards Geelong. Take the Little River turn-off and follow signs to Little River. Cross the railway line in Little River then turn left into You Yangs Rd, then left into Farrars Rd and right into Branch Rd - proceed past the main park entrance. At the end of Branch Road, turn right into Sandy Creek Rd, after approx. 2 km at the bend in the road, turn left into the Western Plantation car park.

What to bring:

Waterbowl, water and a secure means of tethering your dog. Bring your own equipment if you have it, if not there will be equipment available for you to borrow.



AMRAA Fundraising Barbecue

The Alaskan Malamute Rehoming Aid Australia (AMRAA) will be providing a fundraising barbecue dinner on Saturday night and a breakfast on Sunday morning, so please come along and support Malamute rescue!

All breeds & non-members welcome.

Do your dog a favour and come along!

Christmas Fun Day



Sunday, 1 December
Commencing at approximately 11.30 am

Days Picnic Ground
Lions Head Road, Mt Macedon
Melways Map Reference 909 G10

There will be a raffle, prizes, great canine Christmas Gifts available from our Dog Shop and you can enter your dog in our games, agility competition and other fun events.

DIRECTIONS: from Melbourne: follow the Calder Highway past Gisborne. Take the Macedon/Mt Macedon turnoff and turn right at the T-intersection, heading under the freeway. Continue straight ahead at the roundabout and stay on the Mount Macedon Road, continue through Mt Macedon township. Not far past the turnoff to the Camels Hump, turn right towards Sanatorium Lake / Barringo Road and take the left fork into Lions Head Road. The AMCV will be setting up at the far end of the picnic ground – look for the club banner.

WHAT TO BRING:

ALL THE FAMILY, INCLUDING DOGS & KIDS. BYO Plate, cutlery, drinks, dessert & chair. Remember to bring something to reliably tether your dog with (stake & chain), water, food, bowl and something to provide shade for your dog. All breeds are welcome.

THE CLUB WILL BE PROVIDING A SAUSAGE SIZZLE, BREAD & SALADS.

COST: Members: FREE Non-members: \$5.00



Fun & Games for everyone!



Funny Classes

Best Fancy Dress (dog & handler), Waggiest Tail, Best Trick, Baldest Dog, Furriest Dog, Lickiest Dog, Noisiest Dog & more.

Fun Agility Competition

BBQ lunch will be followed with gifts for the kids and our fun agility competition.



Everyone is welcome and every dog can enter!

We welcome non-members and other breeds.

For further information please phone Sandy & Ralph on 9714 8540 or email amcv@bigpond.com



Obedience Practice & Puppy Socialising

Being held in conjunction with the Rottweiler Club of Victoria.

No Malamute is too young or old to learn...



What to Bring: Your dog, limited-slip collar or strong fixed collar (correction collars are not recommended for positive approach training, however may be used if handler prefers), 4 foot (120cm) lead, plenty of soft treats (such as diced cooked sausage) water and water bowl for your dog.

Venue: When you get to the venue (listed below), please register with the Rottweiler Club and pay your fee.

Restrictions: Please bring proof of vaccination to your first class. Puppies must be at least 13 weeks of age.

Costs: \$5 per session, or \$20 for 5 sessions.

When: Obedience practice sessions are held weekly (except in winter & over the summer break) at the following times:

Date	Starting	Venue / Directions	For further Information
Tuesday evenings	7.00 pm	Bulla: Calabria Club, 5 Uniting Lane, Bulla <i>Melways Map Ref. 177 F8</i>	Check the Rottweiler Club of Victoria website: rottweilerclubofvictoria.com
Wednesday evenings	7.00 pm	KCC Park, Westernport Highway, Skye (1.5 km south of Thompsons Rd) <i>Melways Map Ref. 128 H 12</i>	



Equipment

- Limited-slip or **STRONG** fixed collar preferred
- Lots of small soft treats for your dog!
- Webbing or leather lead – 4 foot (120 cm)
- Bowl and water for your dog

Optional:

- Long lead (8 - 12 foot) for stay and recall exercises.

Basic Rules

All obedience participants are required to abide by the following rules:

- The use of pinch or prong collars is strictly prohibited.
- Dogs must be on lead at all times, unless otherwise directed by your instructor.
- You must always clean up after your dog
- Have some means of tethering your dog, preferably by chain or cable, whether it be to your car or a secure dog-stake.
- Bring along water and a waterbowl for your dog.
- Never bring a sick dog to any event.
- ABUSE OF DOGS IS STRICTLY FORBIDDEN - physical or verbal.
- Approach other dogs with caution – Malamutes are not always going to be friendly towards each other or other breeds, particularly same sex.
- Bait may be used discretely – dropped bait must be picked up immediately.
- Respect other dog's space and watch that you are keeping your dog at a reasonable distance from others at all times.

ALL WELCOME
 Young, old, obedient or naughty dogs, we want to see them all there!
 You do not need to be a member or have a registered Malamute to join in, other breeds also welcome.

Further Information: Email: amcv@bigpond.com.au or phone the Obedience Co-ordinator, Marty Cord on 0497 214 410.

NOTE: Obedience practice sessions may be cancelled if the temperature forecast for the day of the event is for 30°C or over, or in extreme weather conditions. Please check with the Rottweiler Club for confirmation.



Book Review:

Kimba the Pet Shop Puppy

Ebook by Ian Luke www.smashwords.com

Kimba is a gorgeous pet shop puppy. But her family is not prepared for the dog she grows up to be. What will happen to poor Kimba?

Follow Kimba's story as she travels the path of many irresponsibly impulse-purchased pets from cute and cuddly puppy to problem pet, dumped at the pound where she becomes one of the few lucky ones given a second chance.

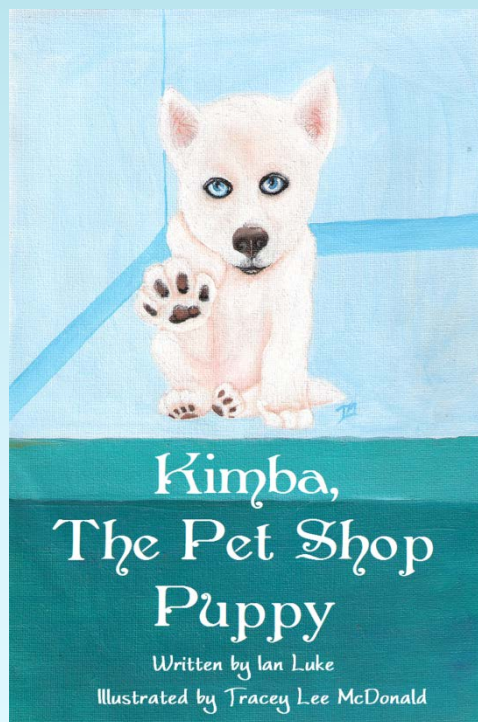
This is a great little childrens' story, beautifully illustrated by Tracey Lee McDonald, about the all too common issue of pets going to unsuitable homes only to find themselves abandoned at the pound once the novelty has worn off.

Based on a true story, Ian has written an honest and heartfelt account of what happens to so many dogs that are purchased on impulse with no knowledge about the breed or the training required. This short story and its illustrations will appeal to children while passing on the important message about the responsibilities of pet ownership and the thought that needs to go into choosing the right pet.

"Kimba the et Shop Puppy" has received numerous 5 star reviews, and has been described as heartwarming, educational and powerful. Debra Tranter, founder of "Oscar's Law" posted this review: "A brilliant book that will teach children about responsible pet care and the reality of impulse purchases of puppies from pet shops. Love it!"

This book is currently available only as an ebook in any format) at <https://www.smashwords.com/books/view/371347> it will shortly be available in print at www.amazon.com and most online book stores.

Reviewed by Sandy Koch



Have you checked out the AMCVC Website?

Membership forms, health forms & info, sledding & weight-pull results, AMCVC show results, club rules, downloadable copies of the Malamute Mail (in full colour!), dogs for adoption, breeders' directory, working dog titles, event details, activity information, articles and a whole lot more...

www.amcv.org.au

Breeders' Directory



Kennel Name	Location	Contact Name	Phone No.	Other Contact Information
BELLTREES	Campbelltown, NSW	Cheryl Harrison	(02) 4631 1920	Email: belltree@ispdr.net.au
CHEKODY	Canberra ACT	Mark Tittley & Melanie Saxinger	0448 389 970	Email: malamutes@chekody.com Website: www.chekody.com
HYKUP	Woodend, VIC	Ian Luke	0417 103 615	Email: guttervac-cv@cirruscomms.com.au Website: hykup.weebly.com
KATAKU	Pearcedale, VIC	Merv & Shelley Turner	(03) 5978 6001	Email: kataku@bigpond.net.au Website: www.dishlickers.com.au



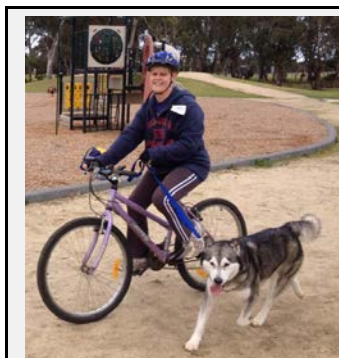
Has your dog got ...

SOMETHING TO HOWL ABOUT



Working Weight Pull Dog Title

Congratulations to Sharen McPhan's Brock (*Ch Tanome King of the Mountain ET*) for obtaining his Working Weight Pull Dog Title.



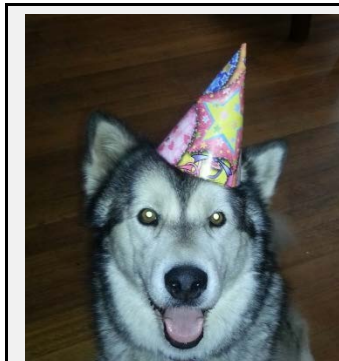
Endurance Title

Congratulations to Sharen McPhan's Shelby (*Ch Asleda Limited Edition ET*) for obtaining her Endurance Title.



Working Team Dog Title

Congratulations to Ian Luke and Finn (*Ch Kortmar Georgies Boy owned & bred by L&G Browning*) for obtaining his Working Team Dog Title.



Happy Birthday

A big Happy Birthday to Mel Gray's Miss Chardy who turned 8 years old on the 9th October.



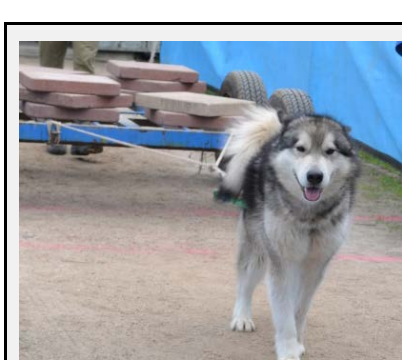
Working Weight Pull Dog Title

Congratulations to Sharen McPhan's Darcy (*Tanome Against the Grain*) for obtaining his Working Weight Pull Dog Title.



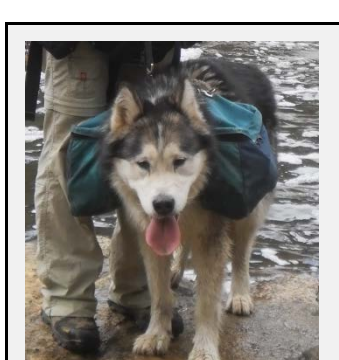
Working Team Dog Title

Congratulations to Sharen McPhan's Rush (*Tanome Legend of the Knight*) for obtaining his Working Team Dog Title.



Working Weight Pull Dog Title

Congratulations to Wuggy (*Kataku Crown Jewels aka Plugger or Wug-Doo*) for obtaining his Working Weight Pull Dog Title



Working Pack Dog Title

Congratulations to Meeca (*Windchill Tammo Alaska*) for obtaining her Working Pack Dog Title



REGISTER OF ACHIEVEMENT

Congratulations to the following Alaskan Malamute on being accepted onto the AMCV Register of Achievement.

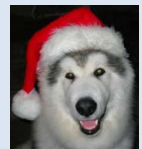
CH ASLEDA LIMITED EDITION ET WTD ROA

“Shelby”

Sire: Asleda Taylah Made
 Dam: Asleda Call Me Posh
 Whelped: 20/3/08
 Owner: S McPhan
 Breeder: A-M Hodgson
Achievements: Australian Champion
 Working Team Dog (AMCV)
 Endurance Title



The following articles is reprinted from the Lort Smith Animal Hospital Newsletter - Summer 2010



Avoiding a Christmas Crisis!

Early summer in Victoria is a gloriously crazy time. The weather is completely unpredictable which makes life very entertaining for our pets. Today my cats are skipping around our sunny potted balcony garden and smelling delightful after playing chasey through the lemon Geranium. Tomorrow they might be shivering inside hiding from a hailstorm or flat out on the cool bathroom floor trying to escape the heat. Summer and the festivities that come with it can provide plenty of opportunities to play outdoors together and spend some valued holiday hours spoiling our pets. On the other hand there are also a host of dangers that come with the changeable weather and the change in our routines over Christmas time.

Check out these lists to keep your pets out of danger

Parties can poison pets. What should you steer them away from?

- Chocolate can cause tummy upsets and seizures leading to death
- Onions can kill pets by their toxic effects on blood cells
- Grapes have unpredictable levels of toxicity in dogs
- Cooked bones can splinter and puncture important organs
- Fatty meats are a big no-no for dogs prone to pancreatitis
- Christmas baubles and party streamers can cause a bowel obstruction.

How do you reduce the risks faced in the garden, in parks and on holidays?

- Christmas Lilies cause renal failure in cats
- Snail bait and rat poisons can kill pets. The safest measure is not to use them at all
- Venomous snakes are active so keep dogs on leads near rivers and creeks
- Take a first aid kit with you to attend to minor injuries of both pets and people.

What are the best methods to prevent heat stroke?

- Don't leave pets unattended in cars
- Make sure there is excellent ventilation both indoors and in runs and kennels.
- Maintain a constant source of cool fresh drinking water that is always accessible
- Map out the shade patterns in your garden and provide extra shade where needed
- Provide cool surfaces to rest on.

Why do so many pets end up getting lost or injured on roads over summer?

- Changes in routines and an increase in visitors lead to doors and gates left open.
- Loud noises of parties, fireworks, thunderstorms and storms frighten some pets.
- If pets get out they face starvation, exposure, aggressive animals and cars.

Once you've checked the safety list I have one last piece of advice. Spoil your best friend rotten with good food, energetic focused playtime and plenty of mutual grooming!

Dr Sasha Herbert, Senior Vet



2013 WEIGHT-PULL RESULTS

8 September 2013 – AMCV Tuggy Weight Pull Shield Event



Weight class	Place	Mal Place	Owner / Handler	Dog	Breed	Dog's weight (kg)	Weight Pulled (kg)	Time (seconds)	Weight / weight ratio
≥ 36 kg	1		Eliza Perry	Mack	Am Staff	31.35	916	28.63	29.2
	2	1	Sharen McPhan	Darcy	Al Mal	32.1	790	46.48	24.6
	3	2	Ian Luke	Wilfred	Al Mal	32.35	727	11.07	22.4
	4		Sally Laity	Bundy	Mastiff X	32.75	538	43.56	16.42
	5		Eliza Perry	Lilly	Am Staff	24.4	496	11.30	20.3
	6	3	Ralph Koch	Bosco	Al Mal	36.5	496	20.82	13.58
	7		Angela Hart	Raven	Am Staff	24.0	496	28.44	20.66
	8		Donna Treadwell	Fonz	Staff BT	19.95	496	54.32	24.86
	9	4	Ralph Koch	Wuggy	Al Mal	35.8	412	17.72	11.51
	10	5	Merv Turner	Iggy	Al Mal	33.0	328	14.97	9.94
	11		Eliza Perry	Cleo		24.85	328	39.14	13.2
	12		Lee Parry	Matrix		18.0	286	16.74	15.88
	13	5	Merv Turner	Claude	Al Mal	31.95	286	13.34	8.95
	14	6	Ralph Koch	Meecca	Al Mal	34.5	286	16.55	8.28
	15		Belinda O'Shea	Molly		15.2	244	35.50	16.05
	16		Katrina	Deacon		17.5	244	57.27	13.94
	17	7	Merv Turner	Reggie	Al Mal	31.15	160	9.56	5.13
	18		Corey Barclay	Beau	Vizsla	27.75	160	15.96	5.76
	19		Donna Treadwell	Brax	Staff BT	32.6	160	43.67	4.9
37-45 kg	1	1	Sharen McPhan	Jai	Al Mal	37.0	790	46.48	21.35
	2	2	Merv Turner	Wesley	Al Mal	43.35	727	19.25	16.77
	3		Jon Brimacombe	Rasti	Mal x Akita	41.35	601	20.22	14.53
	4	3	Alex Gray	Chardy	Al Mal	40.5	538	12.88	13.28
	5	4	Merv Turner	Thor	Al Mal	39.6	370	19.39	9.34
	6		Alex Gray	Zorro	Al Mal*	39.0	328	64.35	8.41
	7		Max Sahil	King	Al Mal*	42.1	160	18.49	3.8

Highest Pull for the Day: 916 kg pulled by Mack

* Non-registered Malamute

Best Pull for the Day: Weight:Weight ratio of 29.2 pulled by Mack

Best Pull of the day (Alaskan Malamute): Weight:Weight ratio of 24.6 pulled by Darcy

Annual Weight Pull Dog Competition Results - 2013

Top Weight Pull Dog of the Year

Place	Owner	Dog	Total Weight:Weight Ratio	Best 3 Weight:Weight Ratio
1	Bradley Acht	Shadow	59.56	59.56
2	Sharen McPhan	Brock	53.40	53.40
3	Sharen McPhan	Darcy	64.90	52.02
4	Merv Turner	Wesley	43.62	43.62
5	Ian Luke	Wilfred	42.80	42.80
6	Sandy Koch	Bosco	31.17	31.17
7	Ralph Koch	Wuggy	37.63	30.70
8	Mel Gray	Chardy	29.20	29.20
9	Merv Turner	Claude	26.23	26.23
10	Ralph Koch	Meecca	23.92	23.92
11	Sharen McPhan	Jai	21.35	21.35
12	Merv Turner	Reggie	21.28	21.28
13	Ian Luke	Daisy	15.55	15.55
14	Ian Luke	Luna	11.30	11.30
15	Merv Turner	Avalanche	10.65	10.65
16	Merv Turner	Iggy	9.94	9.94
17	Merv Turner	Thor	9.34	9.34
18	Merv Turner	Leopold	7.26	7.26
19	Merv Turner	Ava	4.77	4.77



Top: Brock – 2nd in 37-45 kg class

Below: Wesley – 3rd in 37-45 kg class



Annual Weight Pull Competition - Class Results

Place	Event Date	Owner	Dog	Dog's weight (kg)	Weight Pulled (kg)	Total weight pulled	Best 3	Weight / weight ratio
≥ 36 kg Class								
1	7/10/2012	Sharen McPhan	Darcy	31.3	454	2068	1656	14.50
	21/04/2013			31.9	412			12.92
	5/05/2013			32.0	412			12.88
	8/09/2013			32.1	790			24.6
2	7/10/2012	Ian Luke	Wilfred	34.5	412	1425	1425	11.94
	21/04/2013			33.8	286			8.46
	8/09/2013			32.35	727			22.4
3	7/10/2012	Ralph Koch	Wuggy	33.6	328	1312	1068	9.76
	21/04/2013			35.2	244			6.93
	5/05/2013			34.8	328			9.43
	8/09/2013			35.8	412			11.51
4	7/10/2012	Ralph Koch	Bosco	36.4	370	866	866	10.16
	8/09/2013			36.5	496			13.58
5	21/04/2013	Merv Turner	Claude	31.5	386	832	832	12.25
	5/05/2013			31.8	160			5.03
	8/09/2013			31.95	286			8.95
6	21/04/2013	Sandy Koch	Meeca	33.8	286	816	816	8.46
	5/05/2013			34.0	244			7.18
	8/09/2013			34.5	286			8.28
7	21/04/2013	Merv Turner	Reggie	32.4	370	690	690	11.42
	5/05/2013			33.8	160			4.73
	8/09/2013			31.15	160			5.13
8	7/10/2012	Ian Luke	Daisy	31.9	496	496	496	15.55
9	8/09/2013	Merv Turner	Iggy	33.0	328	328	328	9.94
10	21/04/2013	Ian Luke	Luna	25.3	286	286	286	11.3
11	21/04/2013	Merv Turner	Leopold	33.6	244	244	244	7.26
12	5/05/2013	Merv Turner	Ava	33.6	160	160	160	4.77
37-45kg Class								
1	7/10/2012	Bradley Acht	Shadow	42.0	790	2433	2433	18.81
	21/04/2013			40.9	790			19.32
	5/05/2013			39.8	853			21.43
2	7/10/2012	Sharen McPhan	Brock	37.1	601	2055	2055	16.20
	21/04/2013			39.2	664			16.94
	5/05/2013			39.0	790			20.26
3	21/04/2013	Merv Turner	Wesley	42.1	538	1866	1866	12.78
	5/05/2013			42.7	601			14.07
	8/09/2013			43.35	727			16.77
4	5/05/2013	Mel Gray	Chardy	41.7	664	1202	1202	15.92
	8/09/2013			40.5	538			13.28
5	8/09/2013	Sharen McPhan	Jai	37	790	790	790	21.35
6	21/04/2013	Merv Turner	Avalanche	38.7	412	412	412	10.65
7	8/09/2013	Merv Turner	Thor	39.6	370	370	370	9.34
8	5/05/2013	Sandy Koch	Bosco	38.5	286	286	286	7.43



Darcy – Under 36 kg class winner



Top Weight Pull Dog of the Year – Shadow



Wilfred – 2nd in Under 36 kg class

In Loving Memory



Well we've gone from an emotional high watching Meeka enjoy her moment in the sun at the AMCV Specialty on Sunday 3rd November, to the lowest of emotional lows after having to make the heartbreaking decision to say goodbye on Wednesday 6th November.

Meeka's mission in life was to put a smile on the face of everyone who met her, and she did that for the last time on Sunday in the AMCV Specialty Show Veteran's Parade. Meeka's passing marks the end of an era for us now. Meeka was Colin's first home bred Champion from his very first litter and she was our foundation here at Tanome. We have 14 years of wonderful memories and Meeka's legacy will live on in her kids and grandkids.

Run free Meeky-Moo! Your gorgeous smile, your cheeky woo-woo's, your memory will live on forever in our hearts.

*Sharen, Colin & Tyler McPhan
Tanome Alaskan Malamutes*

Alaskan Malamute Club, Victoria Inc.

23RD CHAMPIONSHIP SHOW

3 November 2013 – Goonawarra Reserve, Sunbury

Judge: Mr Carl Liepmann (USA)**Baby Puppy Dog**

1. Snowsteeds Game Breaker (AI)
2. Chimo Take It All The Way
3. Snowsteeds Trail Breaker (AI)

Puppy Dog

1. Chimo Credit Wr Credit Is Due

Junior Dog

1. Whitewarrior Red Klouds War (AI)
2. Katakku Grand Slam

Intermediate Dog

1. Hamalek Cruze Control
2. Ch Southrnwolf Catch Me Ifu Can
3. Tanome Legend Of The Knight

Australian Bred Dog

1. Ch Katakku For Yr Eyes Only
2. Gr Ch Snowsteeds Rustic Rising
3. Ch Niltaran Ernace Tungalra

Open Dog

1. Ch Hamalek Rumble In The Jungle
2. Sup Ch Chimo Let Th Games Begin
3. Ch Katakku Hurricane Wilfred

Challenge Dog:

Ch Katakku For Yr Eyes Only

Reserve Challenge Dog:

Ch Hamalek Rumble In The Jungle

Baby Puppy Bitch

1. Katakku Gone With The Wind (AI)
2. Snowsteeds Harvest Sunrise
3. Katakku Devil Wears Prada (AI)

Puppy Bitch

1. Ch Chimo Diamonds and Pearls
2. Icepure Rising Aussie Legend

Junior Bitch

1. Brockena The Earth Rain Fire

Intermediate Bitch

1. Ch Siarnak Zelkie Aileana
2. Ch Snowsteeds Alaskan Holiday
3. Ch Niltaran Karuzr Shiiva (AI)

Australian Bred Bitch

1. Ch Hamalek Sweetest Thing
2. Ch Niltaran Karuzr Blazer
3. Thomla Sweet Oops A Daisy

Open Bitch

1. Gr Ch Katakku Mystical Charm
2. Ch Niltaran Ernace Sakari (A)
3. Ch Niltaran Ernace Zuberi

Challenge Bitch:

Gr Ch Katakku Mystical Charm

Reserve Challenge Bitch:

Ch Hamalek Sweetest Thing

BEST IN SHOW:

Ch Katakku For Yr Eyes Only

RUNNER UP BEST IN SHOW :

Gr Ch Katakku Mystical Charm

Breeder of the Best Exhibit:

Katakku Kennels (Merv & Shelley Turner)

CLASS IN SHOW

Baby Puppy:	Snowsteeds Game Breaker (AI)
Puppy:	Chimo Credit Wr Credit Is Due
Junior:	Whitewarrior Red Klouds War (AI)
Intermediate:	Hamalek Cruze Control
Australian Bred:	Ch Katakku For Yr Eyes Only
Open Bitch:	Gr Ch Katakku Mystical Charm

PROPERTY CLASSES**Parent & Progeny:**

Gr Ch Snowsteeds Rustic Rising/Icepure Rising Aussie Legend

Desexed Bitch:

Ch Darksky Forget Me Not

Owner/Breeder/Handler:

Whitewarrior Red Klouds War (AI)

Best Gait:

Hamalek Cruze Control

Best Coat - Dog

Ch Southrnwolf Catch Me Ifu Can

Best Coat- Bitch:

Ch Niltaran Karuzr Blazer (AI)

Best Head - Dog:

Gr Ch Snowsteeds Rustic Rising

Best Head – Bitch:

Ch Niltaran Karuzr Shiiva

Best Tail:

Ch Niltaran Karuzr Shiiva

Photos will be published in the next issue of the Malamute Mail.



2013 Show Point Score Update



Results as of 31 October 2013

Most Successful Alaskan Malamute	Points
CH NILTARAN ERNACE TUNGULRA	40
CH NILTARAN KARUZR SHIIVA	38
CH NILTARAN KARUZR BLAZER	15
CH SOUTHRNWOLF CATCH ME IFU CAN	14
CH TANOME KING OF THE MOUNTAIN	13
CH NILTARAN ERNACE SAKARI	11
CH SIARNAK ZELKIE ALIEANA	8
WHITEWARRIOR RED KLOUDS WAS (AI)	6
NILTARAN KARUZR LAYLA	4
ICEPURE RISING AUSSIE LEGEND	4
Top Alaskan Malamute Dog	
CH NILTARAN ERNACE TUNGULRA	16
CH SOUTHRNWOLF CATCH ME IFU CAN	12
CH TANOME KING OF THE MOUNTAIN	11
WHITEWARRIOR RED KLOUDS WAS (AI)	4
Top Alaskan Malamute Bitch	
CH NILTARAN KARUZR SHIIVA	29
CH NILTARAN KARUZR BLAZER	14
CH NILTARAN ERNACE SAKARI	10
CH SIARNAK ZELKIE ALIEANA	4
NILTARAN KARUZR LAYLA	4
ICEPURE RISING AUSSIE LEGEND	4
Baby Puppy Bitch	
ICEPURE RISING AUSSIE LEGEND	3
Minor Puppy Dog	
WHITEWARRIOR RED KLOUDS WAS (AI)	2
Minor Puppy Bitch	
ICEPURE RISING AUSSIE LEGEND	10

Puppy Dog	Points
WHITEWARRIOR RED KLOUDS WAS (AI)	1
Puppy Bitch	
TANOME DIVINE INTERVENTION (AI)	1
Junior Dog	
TANOME LEGEND OF THE KNIGHT (AI)	5
Junior Bitch	
TANOME DIVINE INTERVENTION (AI)	2
Intermediate Bitch	
CH NILTARAN KARUZR BLAZER	12
CH NILTARAN KARUZR SHIIVA	4
CH SIARNAK ZELKIE ALIEANA	3
NILTARAN KARUZR LAYLA	1
Australian Bred Dog	
CH NILTARAN ERNACE TUNGULRA	16
CH TANOME KING OF THE MOUNTAIN	7
Australian Bred Bitch	
CH NILTARAN KARUZR SHIIVA	12
NILTARAN KARUZR LAYLA	6
Open Dog	
CH SOUTHRNWOLF CATCH ME IFU CAN	10
CH TANOME KING OF THE MOUNTAIN	8
CH NILTARAN ERNACE TUNGULRA	8
Open Bitch	
NILTARAN KARUZR LAYLA	11
CH NILTARAN ERNACE SAKARI	5
CH NILTARAN KARUZR SHIIVA	5
CH NILTARAN ERNACE ZUBERI	5



THANK YOU!

Thank you to the following donors of trophies, sashes and prizes for the 2013 Championship Show:



Utility Dog Club of Victoria
 PETstock
 MacKenzie Electrics
 The Dog House Pet Services
 Windchill Dog Gear
 Sharen & Colin McPhan
 Antoinette Wagenvoort
 Ralph & Sandy Koch

Olive Singer
 Dale Green
 James Ganson
 Beth McCombe
 Katakuru Kennels
 Niltaran Kennels
 Belltrees Kennels

A special big thank you to

Dishlickers Resort
Merv & Shelley Turner



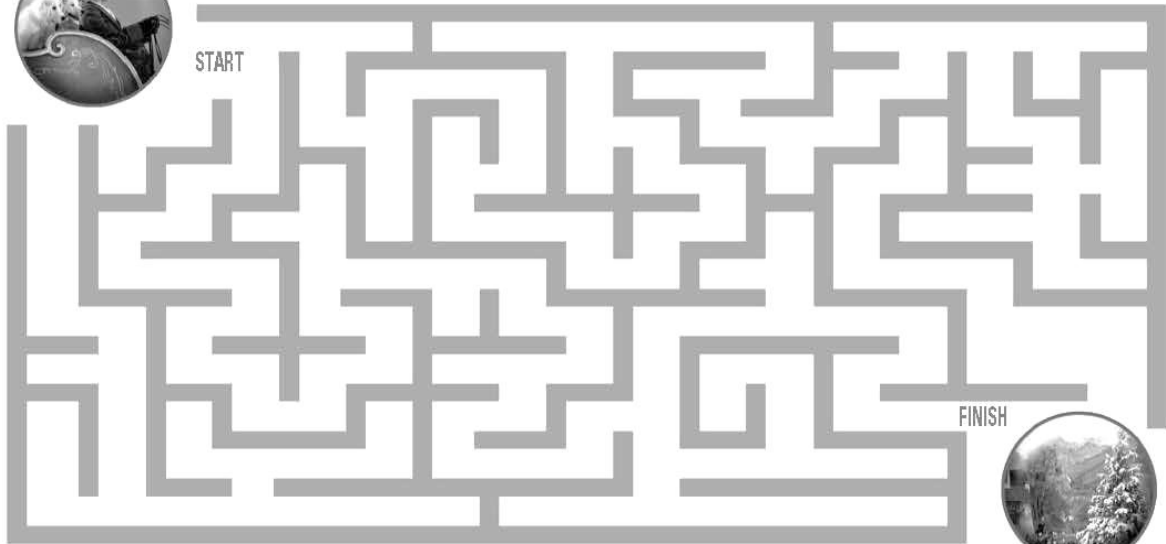
for donating the major prizes

MALAMUTE PUZZLE PAGE



Help Mrs. Claus & The Santa Pups Spread The Christmas Spirit!

START



FINISH



What's Different?



Word Search

Jingle Charity Noble Hope
Santa Sleigh Pups Snow

H	K	L	S	P	U	P	F	E
C	O	R	U	A	G	E	R	L
Q	A	P	I	O	V	F	I	G
I	S	L	E	I	G	H	F	N
V	D	I	Y	N	E	Y	S	I
E	R	S	D	D	K	E	N	J
C	H	A	R	I	T	Y	O	I
B	R	N	Y	I	M	E	W	C
E	B	T	O	S	E	N	I	O
Z	O	A	F	N	O	B	L	E

Mystery Words



Disney.com/SantaPups

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The Underdog Training "So Your Dog" Series

So Your Dog Is Destructive

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Chewed Electrical cords? Missing socks? Garden and lawn excavations? Does this sound familiar! Does your dog redecorate your house and garden? While some dogs are naturally more destructive than others, there are ways to reduce your dog's destructive tendencies and at the same time, improve your relationship with your dog. There are a number of reasons why your dog may be destroying things. Identifying this reason is a vital part of resolving the problems you experience.

Why is my dog destructive?

- Lack of exercise. Many dogs that are destructive simply do not receive enough physical exercise.
- Lack of mental stimulation and training
- Anxiety and Separation Related Behaviour
- Boredom and lack of environmental enrichment
- Learned behaviour- each time the dog destroys something and enjoys doing so, it reinforces the behaviour
- Access is given to irresistible items!
- Weather changes and lack of sleeping areas- In Summer many dogs dig holes to find a cooler spot to sleep while in Winter or after rain, many dogs will dig as a result of the changing smell of the soil/ lawn.

How to Reduce your dog's Destruction!

- **When does your dog** become destructive? If the behaviour only occurs in your absence and the measures below do not improve the situation, your dog may be suffering from separation anxiety. If you believe this to be the case, please contact us and we can recommend the best professional for your situation.
- **Limit access!** This is particularly important with young dogs and puppies. When leaving your dog in an area, ensure there is nothing within reach that they could take or destroy.
- **Increase your dog's physical exercise.** Regardless of the cause of your dog's destructive behaviour, an increase in exercise is likely to be helpful. Try to provide further physical exercise by playing active games with your dog at home such as tug of war (with an appropriate toy) as well as increasing the duration and intensity of your dogs walks. If you lack the time to increase your dogs exercise, consider employing a walker to provide further exercise to your dog while you are at work. Breaking up your dog's day can be crucial- particularly for those full time workers with a solo dog.
- **Train your dog!** Going to obedience classes, taking up agility or teaching tricks at home will help to work your dog's brain. This is just as important as the provision of physical exercise and has the added advantage that you can always make the exercise more difficult without requiring additional time. Physical exercise does not have this advantage as it needs to increase in duration or intensity as the dog's fitness increases- if we were to rely on it alone to improve our dog's behaviour. Training should be ongoing for your dog- if they already know the basics; working on more advanced skills will not only help to stimulate them but will also improve your bond and relationship.
- **Vary your routine.** While we are often limited because of work and other commitments, varying your routine can assist dogs that anticipate particular events. When a dog anticipates and expects certain things to occur and they do not, they can become anxious and this can lead to destructive behaviour. By varying the routine, the dog does not develop these firm expectancies and is less likely to experience increasing anxiety. Try to walk and feed your dog at different times, vary when the dog is inside and outside etc.

- **What does your dog have to stimulate them** when they are in their backyard? While many dogs have toys, few dogs have toys that interact with them without a person's presence. Gather up all of your dog's toys and divide them into 2 or 3 groups- start rotating these groups every few days so that your dog regularly has a collection of 'new' toys to play with. In addition, you may want to consider purchasing some interactive treat balls, Nylabones and hanging toys that can hold your dog's interest even when you're not there to play. Reduce your dog's meals so that you can use their treat balls to feed them. Treat balls provide both mental and physical stimulation as your dog works hard to access the food inside. Does your dog enjoy safe rawhide chews, pigs ears or greenies chews? Try to find treats that will last your dog a number of hours rather than those that are eaten quickly- this may take some experimenting.
- **Provide a digging area-** If your dog enjoys digging, set up an area with clean sand where toys and treats are semi buried. This will encourage your dog to fulfil their need to dig in an appropriate area. You may also wish to safely peg plastic mesh flat over your garden beds- with holes cut for your plants- to discourage digging in garden areas. Consider what your dog is bred for- many terriers will dig instinctually- rather than getting frustrated, accept that this is and will continue to be a part of them and you can direct it to an appropriate area.
- **Does your dog steal?** If your dog regularly takes inappropriate items when you are present he may be doing this as a way to get your attention. DON'T chase your dog when they do this- this creates a rewarding game that your dog will want to play regularly!! Instead teach your dog to approach you with something in their mouth- gently remove the item by squeezing either side of your dog's mouth until they relinquish the item 20-30 seconds later- redirect the dog to an item that they are allowed to chew and play with. If you need your dog to drop something urgently, rather than approach them, turn away from them and with or without an item to focus on, pretend you are having the most fantastic time- plenty of noise and movement is likely to get your dog to drop the object and come over to see what on earth you're so excited about! If you catch your dog AS they are trying to steal something, you need to quickly intervene- preventing the dog from picking up the item (grabbing a collar or a quick clap of the hands works for many dogs in this instance) and 20-30 seconds later, redirect the dog to an appropriate toy.
- **Provide appropriate shelter** and cool places to lie in Summer for your dog. Touch the areas where you think your dog will lie- if the surfaces are too hot for you to comfortably touch- they will be too hot for your dog to lay for more than a few moments!

The information provided in the So Your Dog Series is general in nature. We recommend seeing a qualified dog trainer and having a veterinary examination completed for the best results in resolving your dogs problems. For further information or training options, go to www.underdogtraining.com.au

The Alaskan Malamute Club, Victoria, Inc.

Incorporations Registration Number A0016353X

2013 ANNUAL GENERAL MEETING

Minutes of the Annual General Meeting of the Alaskan Malamute Club, Victoria, Inc., held at the Bulla Exhibition Centre, 5 Uniting Lane, Bulla on Thursday, 10 October 2013 commencing at 7.30 pm.

Present: Ian Luke (Chair), Ash Blackwood, Carla Brightwell, Jennifer Cornell, Stewart Cumming, Melanie Gray, Dale Green, Sandy & Ralph Koch, Dayna Manser, Sharen & Colin McPhan, Di Mitchell, Joedy Neeleman, Alan Pitchforth, Olive Singer, Stuart Vanderpol, Antoinette Wagenvoort,

Apologies: Marty Cord, James Ganson, Lorraine Green, Linda Hewat, Michele Nimmo, Anna Paxton

The meeting commenced at 7.50 pm.

The President welcomed the club Patron, Olive Singer, and the members to the meeting and thanked them for their attendance.

1. Apologies

Motion: That the apologies (as listed above) be accepted.

Moved: D Green Seconded: M Gray

CARRIED

2. Election of Scrutineers and Returning Officer

To be addressed later in the meeting if required.

3. Minutes of previous Annual General Meeting

Motion: That the minutes of the previous Annual General Meeting, 11 October 2012, and as published in the December 2012 issue of "The Malamute Mail", be accepted as read.

Moved: D Mitchell Seconded: S Cumming

CARRIED

Business Arising: Nil

Motion: That the minutes of the previous Annual General Meeting, 11 October 2012 be accepted as a true and accurate record.

Moved: D Green Seconded: C McPhan

CARRIED

4. Correspondence

Nil

5. Treasurer's Report - see attached

Ralph Koch distributed and presented the 2012/2013 financial report and Auditor's report to the members.

Motion: That the Treasurer's report for the last financial year, 2012/2013 be accepted.

Moved: R Koch, Seconded: M Gray

CARRIED

6. Co-ordinators Reports

6.1 President's Report - see attached

Ian Luke presented his report to the members.

6.2 Secretary's Report - see attached

Marty Cord's report was presented to the members.

6.3 Vice President's Report on Breed Welfare - see attached

Sandy Koch presented her report to the members.

6.4 Health Officer's Report - see attached

Anna Paxton's report was presented to the members.

6.5 Puppy Register & Referral Report - see attached

Michele Nimmo's report was presented to the members.

6.6 Education & Publicity Report - see attached

Ian Luke presented his report to the members.

6.7 Vice President's Report on Breed Welfare - see attached

Stuart Vanderpol presented his report to the members.

6.8 Show Secretary's Report - see attached

Lorraine Green's report was presented to the members.

6.9 Sledding Co-ordinator's Report

No report provided.

6.10 Weight-Pull Co-ordinator's Report - see attached

Mel Gray presented her report to the members.

6.11 Backpacking Co-ordinator's Report - see attached

Stuart Vanderpol presented his report to the members.

6.12 Obedience Co-ordinator's Report - see attached

Marty Cord's report was presented to the members.

6.13 Fundraising Coordinator's Report - see attached

Sharen McPhan presented her report to the members.

6.14 Newsletter Editor's Report - see attached
 Sandy Koch presented her report to the members.

Motion: That the coordinators' and office bearers' reports be accepted as presented.

Moved:, S Cumming Secoded: D Green

CARRIED

7. Presentation of Awards for New Titles

The following presentations were made:

NEW CHAMPIONS

Ch Niltaran Karuzr Blazer (AI) owned and bred by Niltaran Kennels
Ch Niltaran Karuzr Shiiva (AI) owned and bred by Niltaran Kennels
Ch Siarnak Zelkie Aileana owned & bred by James Ganson

REGISTER OF ACHIEVEMENT (ROA)

Ch Asleda Limited Edition ET WTD "Shelby" owned by Sharen McPhan, bred by A-M Hodgson

ENDURANCE TITLE

Ch Asleda Limited Edition ET owned by Sharen McPhan, bred by A-M Hodgson



Working Dog Title awards: (L to R) Di Mitchell, Colin & Sharen McPhan, Sandy Koch, Ian Luke & Ralph Koch

8. Presentation of Working Dog Titles

Presentations were made for the following recipients of AMCV Working Dog Titles:

- Working Pack Dog Excellent *Ch Windchill Tamambo Tanane "Buffy"* owned by Ralph & Sandy Koch
- Working Pack Dog Excellent *Thomla Sweet Skykat "Paddy"* owned by Di Mitchell
- Working Pack Dog *Kataku Crown Jewels "Wuggy"* owned by Ralph & Sandy Koch
- Working Pack Dog *Windchill Tamambo Alaska "Meeca"* owned by Ralph & Sandy Koch
- Working Team Dog *Tanome Legend of the Knight (AI) "Rush"* owned by Sharen McPhan
- Working Team Dog *Ch Kortmar Georgies Boy "Finn"* owned by L & G Browning
- Working Weight Pull Dog *Tanome Against the Grain "Darcy"* owned by Sharen McPhan
- Working Weight Pull Dog *Ch Tanome King of the Mountain ET "Brock"* owned by Sharen McPhan
- Working Weight Pull Dog *Kataku Crown Jewels "Wuggy"* owned by Ralph & Sandy Koch

9. Presentation of Weight-Pull Awards

Presentations were made to the following winners of the 2012/2013 Weightpull Competition:

Under 36 kg Class:

- 1st: *Tanome Against the Grain "Darcy"* owned by Sharen McPhan
- 2nd: *Ch Kataku Hurricane Wilfred "Wilfred"* owned by Ian Luke
- 3rd: *Kataku Crown Jewels "Wuggy"* owned by Ralph & Sandy Koch

37-45 kg Class:

- 1st: *Kataku All Shadow "Shadow"* owned by Bradley Acht
- 2nd: *Ch Tanome King of the Mountain "Brock"* owned by Sharen McPhan
- 3rd: *Ch Kataku Major League "Wesley"* owned by Merv Turner

Top Weight Pull Dog of the Year

Kataku All Shadow "Shadow" owned by Bradley Acht

Most Improved Weight Pull Dog

Tanome Against the Grain "Darcy" owned by Sharen McPhan

Tuggy Weight Pull Shield

Best Pull of the Day & Tuggy Shield winner: *Tanome Against the Grain "Darcy"* owned by Sharen McPhan

- Under 36 kg class: 1st: Darcy – Sharen McPhan
- 2nd: Wilfred – Ian Luke
- 3rd: Bosco – Ralph Koch
- 37-45 kg class: 1st Jai – Sharen McPhan
- 2nd: Wesley – Merv Turner
- 3rd: Chardy – Mel Gray



Weight Pull Awards: (Back L to Front R) Sharen McPhan, Ian Luke, Mel Gray, Colin McPhan & Ralph Koch

Thanks to Mel Gray, Jennifer Cornell & Joedy Neeleman for the AGM photos

10. Presentation of Sledding Awards

Presentations were made to the winners of the 2013 Dog Driver Competitions, the 2013 State Cup class winners.

SLEDDING STATE CUP

- 1-Dog Class:** Ash Blackwood & Mutie
- 2-Dog Class:** James Ganson: Ana & Ghus
- 4-Dog Class:** Merv Turner: Claude, Leopold & Reggie

SLEDDING DOG & DRIVER POINT SCORE COMPETITION**1-Dog Class:**

Equal 1st Stewart Cumming & Billy
 Equal 1st Ralph Koch & Bosco
 3rd: Joedy Neeleman & Rocky

2-Dog Class:

1st: Merv Turner: Ava & Iggy
 2nd: James Ganson: Ana & Ghus
 3rd: Stuart Vanderpol: Jethro & Meecca

4-Dog Class:

1st: Colin McPhan: Darcy, Jack, Jai & Rush
 2nd: Merv Turner: Claude, Reggie, Leopold
 3rd: Ian Luke: Daisy, Finn & Wilfred

Sledding Rookie of the Year: Alan Pitchforth

Sledding Encouragement Award: Carla Brightwell



Sledding Awards: (Back L to Front R) Carla Brightwell, Alan Pitchforth, Colin McPhan, Joedy Neeleman, Ian Luke, Ash Blackwood, Stewart Cumming & Ralph Koch

12. Election of Officer Bearers and Committee Members

The President declared all Committee positions vacant and vacated the Chair.

Sandy Koch occupied the Chair.

President:

Ian Luke was the sole nominee and was declared.

Sandy Koch vacated the Chair. Ian Luke resumed the Chair.

Secretary:

There being no nominations received, nominations were invited from the floor. Sandy Koch accepted the nomination by Mel Gray, Seconded by Antoinette Wagenvoort. There being no other nominations, **Sandy Koch** was declared.

Vice President (Activities):

There being no nominations received, nominations were invited from the floor. Sharen McPhan accepted the nomination by Colin McPhan, Seconded by Dale Green. There being no other nominations, **Sharen McPhan** was declared.

Vice President (Breed Welfare):

There being no nominations received, nominations were invited from the floor. Antoinette Wagenwoort accepted the nomination by Sandy Koch, Seconded by Ralph Koch. There being no other nominations, **Antoinette Wagenwoort** was declared.

Treasurer:

Ralph Koch was the sole nominee and was declared.

Newsletter Editor:

Nominations were invited from the floor. No nominations were received and the position was declared vacant.

Malamute Health Officer:

Nominations were invited from the floor. No nominations were received and the position was declared vacant.

Puppy Registrar/Referral Officer:

Michele Nimmo was the sole nominee and was declared.

Publicity /Education Co-ordinator

There being no nominations received, nominations were invited from the floor. Dayna Manser accepted the nomination by Mel Gray, Seconded by Sandy Koch. There being no other nominations, **Dayna Manser** was declared.

Fundraising Officer:

Sharen McPhan was the sole nominee and was declared.

Show Secretary:

Nominations were invited from the floor. No nominations were received and the position was declared vacant.

Obedience Co-ordinator:

Nominations were invited from the floor. No nominations were received and the position was declared vacant.

Weight-pull Co-ordinator:

Mel Gray was the sole nominee and was declared.

Backpacking Co-ordinator:

Stuart Vanderpol was the sole nominee and was declared.

Sledding Co-ordinator:

There being no nominations received, nominations were invited from the floor. Ralph Koch accepted the nomination by Mel Gray, Seconded by Antoinette Wagenvoort. There being no other nominations, **Ralph Koch** was declared.

The President thanked the members for attending and declared the meeting closed at 8.45 pm.

Annual General Meeting Reports

Treasurer's report

The club has again had a good year financially, ending with approximately \$6,500 in the cheque account and \$ 9,500 in the investment account, giving total members' funds of \$ 16,084.16. This represents a profit of just over \$2000 for the 2012/2013 financial year which largely due to the profits made from the working activities and fundraising.

A special mention of the efforts of Sharen in the fundraising role over the past year, which have resulted in a profit of over \$2000 for the club. Thanks also to all those who supported the club's fundraising efforts with donations and participation in raffles, auctions and other fundraising activities throughout the year.

Ralph Koch

ALASKAN MALAMUTE CLUB VICTORIA, INC.

Incorporations No. A0016353X

Financial Reports prepared by the Treasurer for the
Annual General Meeting held on 10 October, 2013 at the Bulla Exhibition Centre.

Auditor's Report

MICHAEL R LINDSAY FIPA, FTIA

13 Woolwich Drive
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16 September 2013

To the Committee and Members of the Alaskan Malamute Club Victoria Inc.

I have examined the records and financial books of the Alaskan Malamute Club Victoria Inc., and the final accounts for the year ending 30th June 2013, and in my opinion they present a true and accurate record of the finances of the Club.



Michael R Lindsay

Balance Sheet as at 30 June 2013

Working Capital	2012 / 2013	2011 / 2012
Balance as at 1 July 2012	\$13,736.26	\$ 13,512.96
Excess / Loss for Year	\$2,347.90	\$ 223.30
Total Capital	\$16,084.16	\$13,736.26

Members Funds are represented as follows:

	2012 / 2013	2011 / 2012
Balance of Cheque account	\$ 6,438.93	\$ 5,189.16
Bendigo Oxfam Investment Account	\$ 9,645.23	\$ 8,547.10
Total Members Funds	\$ 16,084.16	\$13,736.26

Receipts and Payments for Financial Year ended 30 June 2013

Category	\$	\$
INCOME	Year to Date	Previous Year Total
Activities	0.00	122.00
Backpacking	88.00	0.00
Breeders Directory	125.00	150.00
Fundraising	3123.00	1801.00
Funds transfer: cheque to investment account	1000.00	0.00
Health - other	0.00	0.00
Interest	108.03	339.45
Litter registration	0.00	75.00
Membership - Fees	2615.00	3386.00
Merchandise - Embroidered clothing	143.00	228.00
Merchandise - Vets All Natural	5.00	778.25
Merchandise - Other	126.60	88.00
Miscellaneous	0.00	0.16
Newsletter - Advertising	220.00	230.00
Newsletter - Printing	0.00	0.00
Petty Cash Float	0.00	117.97
Referral	118.50	0.00
Show	2392.00	3012.00
Sledding	1817.00	937.00
Weight Pull	641.00	574.00
Working Dog titles	270.00	240.00
Total Income	12792.13	12392.88

EXPENDITURE	Year to Date	Previous Year Total
Accounting	15.00	25.00
Activities	1063.37	1316.99
Administration costs - CAV	43.90	116.10
Administration - Meeting room hire	229.50	259.20
Administration - VCA Affiliation fee	303.00	293.00
Administration costs - other	0.00	0.00
Advertising - VCA	185.50	345.50
Bank fees	0.00	2.10
Donation - Oxfam account	9.90	0.00
Fundraising	890.97	1105.19
Funds transfer: cheque to investment account	1000.00	0.00
Health - Ch'd Scheme	0.00	0.00
Meetings	0.00	16.82
Membership - VCA Insurance levy	352.50	450.00
Membership - Other	0.00	28.80
Merchandise - Clothing	0.00	0.00
Merchandise - Vets All Natural	0.00	648.15
Merchandise - Other	0.00	0.00
Miscellaneous	0.00	67.00
Newsletter - Postage	418.75	674.28
Newsletter - Printing	1102.00	1267.96
Newsletter - Other	0.00	50.47
Petty Cash Float - Secretary	0.00	0.00
Publicity & Education	0.00	178.25
Referral - donations	270.00	0.00
Show	2858.15	3766.32
Sledding	1343.40	1070.57
Stationery	0.00	201.01
Weight Pull	358.29	286.87
Total expenditure	10444.23	12169.58
PROFIT/LOSS	2347.90	223.30

STATEMENT OF INCOME AND EXPENDITURE – 2012-2013 financial year

Category	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$
INCOME	Jul-12	Aug-12	Sep-12	Oct-12	Nov-12	Dec-12	Jan-13	Feb-13	Mar-13	Apr-13	May-13	Jun-13	Year to Date	Previous Year Total
Activities													0.00	122.00
Backpacking			25.00								63.00		88.00	0.00
Breeders Directory	50.00		50.00	25.00									125.00	150.00
Fundraising	384.00		833.00	148.00	155.00	158.00	80.00		211.00		720.00	434.00	3123.00	1801.00
Funds transfer: cheque to investment account					1000.00								1000.00	0.00
Health - other													0.00	0.00
Interest	9.25	10.07	10.09	9.77	9.35	8.97	9.20	8.65	7.82	8.66	8.39	7.81	108.03	339.45
Litter registration													0.00	75.00
Membership - Fees	839.00	40.00	415.00	327.00	81.00	53.00	71.00			186.00	136.00	467.00	2615.00	3386.00
Merchandise - Embroidered clothing				15.00		83.00		45.00					143.00	228.00
Merchandise - Vets All Natural						5.00							5.00	778.25
Merchandise - Other			48.00	25.60					53.00				126.60	88.00
Miscellaneous													0.00	0.16
Newsletter - Advertising		30.00			140.00			50.00					220.00	230.00
Newsletter - Printing													0.00	0.00
Petty Cash Float													0.00	117.97
Referral			40.00						78.50				118.50	0.00
Show	15.00	203.00	351.00	1390.50		39.00		37.00	100.00	256.50			2392.00	3012.00
Sledding	544.00		230.00									1043.00	1817.00	937.00
Weight Pull	30.00		282.00	167.00							162.00		641.00	574.00
Working Dog titles			180.00	30.00	30.00						30.00		270.00	240.00
Total Income	1871.25	283.07	2464.09	2137.87	1415.35	346.97	160.20	140.65	450.32	451.16	1119.39	1951.81	12792.13	12392.88



Alaskan Malamute Rehoming Aid Aust
www.amraa.org.au

Please:

- share
- foster
- adopt
- donate
- volunteer

We dream of a day when humans take responsibility for their actions and realise that dogs are a privilege, not a right !!



“My therapy is quite simple: I wag my tail and lick your face until you feel good about yourself again.”

EXPENDITURE	Jul-12	Aug-12	Sep-12	Oct-12	Nov-12	Dec-12	Jan-13	Feb-13	Mar-13	Apr-13	May-13	Jun-13	Year to Date	Previous Year Total
Accounting			15.00										15.00	25.00
Activities				875.33	23.10	64.94						100.00	1063.37	1316.99
Administration costs - CAV					43.90								43.90	116.10
Administration - Meeting room hire		45.00	45.00						46.50	46.50		46.50	229.50	259.20
Administration - VCA Affiliation fee			303.00										303.00	293.00
Administration costs - other													0.00	0.00
Advertising - VCA				185.50									185.50	345.50
Bank fees													0.00	2.10
Donation - Oxfam account		1.01	1.01	0.98	0.94	0.90	0.92	0.87	0.78	0.87	0.84	0.78	9.90	0.00
Fundraising			406.77	19.44		22.00				442.76			890.97	1105.19
Funds transfer: cheque to investment account					1000.00								1000.00	0.00
Health - Ch'd Scheme													0.00	0.00
Meetings													0.00	16.82
Membership - VCA Insurance levy	105.00			165.00								82.50	352.50	450.00
Membership - Other													0.00	28.80
Merchandise - Clothing													0.00	0.00
Merchandise - Vets All Natural													0.00	648.15
Merchandise - Other													0.00	0.00
Miscellaneous													0.00	67.00
Newsletter - Postage		68.95		66.00		80.00		66.00		55.80		82.00	418.75	674.28
Newsletter - Printing		180.00		172.00		180.00		190.00		190.00		190.00	1102.00	1267.96
Newsletter - Other													0.00	50.47
Petty Cash Float - Secretary													0.00	0.00
Publicity & Education													0.00	178.25
Referral - donations				270.00									270.00	0.00
Show	23.35	720.13	841.00	419.09		52.26			164.20	279.69	263.00	95.43	2858.15	3766.32
Sledding	1248.15										51.15	44.10	1343.40	1070.57
Stationery													0.00	201.01
Weight Pull		82.00	276.29										358.29	286.87
Total expenditure	1376.50	1097.09	1888.07	2173.34	1067.94	400.10	0.92	256.87	211.48	1015.62	314.99	641.31	10444.23	12169.58
PROFIT/LOSS	494.75	-814.02	576.02	-35.47	347.41	-53.13	159.28	116.22	238.84	-564.46	804.40	1310.50	2347.90	223.30

President's report

This time last year, I presented what I expected would be my last President's report to the members. And yet as we come to the end of another AMCV year, here I am again.

My thanks go to both Antoinette Wagenvoort and Marty Cord for jumping into the deep end, tackling the roles of President and Secretary respectively. Sadly, Antoinette resigned due to personal reasons, and Marty has been limited by unforeseen personal circumstances.

Thankfully, Sandy Koch has ensured things kept ticking over, so yet again I extend thanks to Sandy for her tireless service to the membership.

Thankfully, we retain a strong financial position, and remain active and busy.

This year, we've tried a different approach with our Championship Show, moving the date to November. The entry is not fantastic, but similar to last year, so it remains to be seen if the move can be considered a success or a failure.

The year has otherwise been a quiet one. Congratulations to all who have achieved success, in the showring, the weightpull chute and the track.

The outgoing Committee has worked hard over the last twelve months on behalf of you, the members. So please take a moment to thank them.

Certainly for myself, I say thank you to my fellow Committee members.

Ian Luke

Secretary's report

The last twelve months have been interesting and extremely challenging trying to balance personal life and Club duties. Many times in the last few months I have been unable to fulfil my duties and I can't thank Sandy and other members enough for their support and stepping in to make sure things are done on time and correctly. Unfortunately for me good intentions don't get the job done if you haven't got enough hours in a day. With all the chaos now behind me and life returning to some sort of stability again I'm looking to the future and making plans that will not allow time and dedication this seat requires. Therefore I will not be standing for Secretary for the 2013 to 2014 year.

I wish whoever takes my place all the best with it and I look forward to enjoying life as a general member for a while.

Marty Cord

Vice-President's report - Breed Welfare

The AMCV continues to be very active in the area of breed welfare which is of course one of the primary roles of our club as designated guardians of the breed.

Thank you to Anna for her work throughout the year in gaining and disseminating new information about health issues affecting our breed, and in addressing the numerous emails the club receives regarding health and behavioural problems.

Publicity and education has been ongoing with the AMCV attending one Pet Expo earlier in the year and also being present at the AMRAA fundraising walks. Thanks to Ian for ensuring club events and notifications are posted on the AMCV Facebook group which has been an excellent means of communicating the AMCV's activities to the wider community.

The number of Malamutes needing new homes has continued to be a major concern, particularly in NSW where there has been 20-30 dogs listed on the website for adoption at any given time throughout the year. There is an urgent need for foster homes and adoptees, so if anyone is able to help please contact Michele or AMRAA. The numbers of unwanted dogs in Victoria is not nearly as high but remains constant, however there is always the possibility that dogs in need in NSW can be transferred down to Victoria to ease their situation. A huge thanks to Michele for her hard work throughout the year with both the AMCV and AMRAA, and to all the AMRAA gang who do a great job dealing with a very large and difficult problem. Michele has also put in a lot of time and effort answering the many emails the AMCV receives regarding unwanted dogs, plus the occasional adoption enquiry, as well as ensuring that the dogs we have listed on the AMCV website is up to date. Thankfully Michele has renominated for this role as we would be lost without her help.

I have not renominated for this role and hope that there is someone out there with an interest in breed welfare who will step into the position.

Sandy Koch

Health

It has been a fairly productive year on the health front for our breed. We have had a lot of breeders both here in Australia and overseas, doing more testing on Polyneuropathy and implementing the results in their breeding programs, which is a great step forward for the breed.

Also this year the Ch'd system is now defunked and there has been a Ch'd working Group set up within the AMCA to discuss and bring to the table a draft plan going forward to help combat this terrible disease.

Unfortunately I have also had a number of emails/ phone calls from malamute owners with temperament / aggression problems this year which is a real shame. If I am able to continue in this position next year, I would really like to focus my attention to education of health and temperament issues of our breed, and to really start getting the message out there about what you can do to help improve our breed.

We have some excellent breeders here in Australia that "do all the right things" when it comes to testing, temperament and I think we really need to get them on board with the club and together help to maintain a high, healthy standard and to help stamp out the people that do the wrong thing.

Anna Paxton

Publicity & Education

It has been a quite year on the Publicity and Education front. Our Activities Days have been well attended and at the request of a member, an Activities Weekend has been organized for next month.

Social media has continued to be an effective way of publicizing the Club and its events, and a good relationship with AMRAA has helped spread the word.

I wish whoever takes over the role success for the coming year.

Ian Luke

Puppy & Referral Service Report

There have been no litters on the puppy register this year.

From the annual report of just AMRAA in 2012 – 2013 – for rescued dogs – NSW = 88, VIC = 21 and SA = 16. Total = 125 and that was just up to June 30th, a lot more have come in since. This amount does not include the significant amount that ABR in Qld also have rescued and rehomed. Also, NVSDR in Northern Victoria contributed to a considerable amount of Malamutes in need of a new home whilst they were still involved in rescue

Lost/abandoned and surrendered Malamutes has been consistently high for many months and AMRAA and other arctic rescues, such as ABR in Qld have been inundated with dogs in pounds needing rescue or either surrendered to them or directly to rescue over the last year, especially in our busiest state - NSW, where there is always a constant flow of dogs needing rescue throughout the year.

Tawnee who was rescued late last year was a MAJOR win for the AMCV/AMRAA liaison... for her as well as us. The Lost Dogs Home have always refused to work with rescue BUT were prepared to adopt her out to a representative of the AMCV for rehoming instead. I was very proud as the then new Referral Officer to have had the opportunity to save this poor, darling girl from the alternative she was faced with if I hadn't been able to appeal to them on behalf of the AMCV.

AMRAA are appealing for foster carers in NSW, SA, as well as VIC . If there is anyone who can assist in any way whatsoever, either by donating funds or goods, fostering, volunteering to transport, check out dogs at the pounds, etc or know of anyone who may be able to assist, especially in NSW – the help would be MOST welcomed and very much appreciated.

Michele Nimmo

Vice President Activities

Thank you to all the activities coordinators for their hard work in conducting the AMCV events throughout the year and to those who attended.

Stuart Vanderpol

Weight Pull

As Weight Pull Co-ordinator for this year I wanted to try something new and exciting.

I also wanted to share my excitement of weight pulling with others, hence why I decided to do a Weight Pull Training Boot Camp. I opened up the invitation to the AMSTAFF club members and their dogs who also share my passion of Weight Pull. So my dream came true on 24th of March to run AMCV first Weight Pull Boot Training Camp. It was such a great success and great meeting some many people and furkids. Thank you everyone who helped on the day and helped leading up to the day.

On April the 7th we ended up turning to another training day due to the weather being a bit warm and I would have disliked any poor Mallies getting heat stroke. Still it was great day for all who attended and the dogs loved getting some more practice in the chute with the trolley. Our 1st official Weight Pull Comp on the 5th of May brought a total of 23 dogs, which I was blown away with. That day brought a few personal best for handsome Brock and beautiful Miss Chardy. Again thank you to everyone to supported and helped me on the day.

The biggest Weight Pull Event for the year (Tuggy Shield) & the second AMCV event for the year was held on 8th of September. This day brought dogs of different breeds out and we got a total of 28 dogs in attendance. I'm pretty sure that's the most AMCV has had in one Weight Pull Event ever. So I was very happy.

All the dogs that entered seemed to be full of energy and enthusiasm as we got a lot of personal bests and quite a few gained there Weight Pull Titles. I must admit I felt very proud to share that moment with the dogs and their handlers. The highest pull of the day went to the very strong handsome Mack the Amstaff pulling a HUGE 916 kgs another proud moment to witness.

It's been such an honour to be the Weight Pull Co-ordinator and I hope everyone fur and human enjoyed the year as much as me. Thank you to everyone from both the AMCV and the AMSTAFF club for their support and help this year.

Most of all I would like thank my very patient supportive husband Alex for charming my nervous, helping come up with a practical and easy way to put up the chute and to Miss Chardy for helping me fall in love with Weight Pull.

I look forward to a new and exciting Weight Pull Season next year. I also feel very special being nominated to be the Weight Pull Co-ordinator again.

Mel Gray

Backpacking

Some of the hikes were well attended and some not, overall the hikes went well.

The weather was quite kind for a change.

Congratulations to those that have achieved their WPD and WPDx titles.

There is a picnic walk at Brimbank Park coming up soon so come along and give it a try. The annual Cup weekend hike at this stage is going ahead depending on weather of course. Hopefully we will see you at the upcoming hikes.

Stuart Vanderpol

Show Secretary's Report

First I would like to thank my daughter Dale Green for all the help and assistance she has done for the year without her I would not have been able to get it all done.

Open Show was a success and Judged by Nikki Lane.

The Championship Show is coming up in a few weeks and this year held at Sunbury away from our traditional weekend of The Royal Show and Champ Show. I am not sure whether this is a good or bad idea as the number of entries is not very high, but is this a reflection of time of show or the fact that the breed is not as popular in showing these days.

Next year's judge has been contacted for November but we are listed in the VCA Schedule for September so these dates will need to be fixed up either way.

The Judge he tells me he is licensed for Siberians and Akitas so subcontracting could be an option also.

I will be happy to continue if you wish.

Lorraine Green

Sledding

No report received.

Obedience

The year started well with Ian Luke training at Bulla and myself training at KCC Park. A situation occurred which gave me doubts about training at KCC park and have been assured this situation was resolved. Due to issues in my personal life though I was unable to continue training at KCC Park and have since moved making it unviable to train there.

I will not be continuing as Obedience Coordinator for the 2013-2014 year due to other commitments. I hope whoever takes my place has fun with the position and feels comfortable in it drawing on the years of experience within the club.

Marty Cord

Newsletter

We have continued to get a great deal from our printer who is currently providing the newsletter with full colour covers at around \$2 per issue. The Malamute Mail has been reduced to a quarterly as of the next issue, which will be Spring 2013 due out in November. The reduction in frequency is due to the fact that events and notices can now be effectively communicated to the members via the AMCV Facebook group and website, not just via the newsletter.

Also there is very rarely any input for the newsletter from the members, yet any photos, articles, stories, Something to Howl About entries or anything of general interest to the members is always welcome, as is any feedback regarding the content, format or any aspect of the newsletter production. Thanks to those who did submit items throughout the year – your input was much appreciated.

Putting the newsletter together is a time consuming task but very rewarding, so I am hoping that someone else would like to take on the Newsletter Editor role for the coming term!

Thank you.

Sandy Koch


Fundraising Report

It is AGM time again which means another year has flown by!

We have held numerous "Guess The Lollies in the Jar" competitions and Raffles at our club events which didn't do too badly considering the low number of people attending club events. We also held a few auctions on our Facebook Fundraising page which did quite well too. We currently have two auctions going on the Facebook page which were kindly donated by Antoinette. Both these auctions finish at 9pm on Saturday 28th October so please go to our fundraising page and have a look. We purchased the Cadbury Fundraising Chocolates again this year, and as usual they made a great profit by selling well at our club events. We have more chocolates available to purchase now, so if you would like a box or two please see either myself or Sandy to place an order.

In total for the year, fundraising has made a profit of just over \$2200, which isn't too bad at all! I look forward to doing it all again next year.

Sharen McPhan



Alaskan Malamute Rehoming Aid Australia




Are you our next Foster Carer? It won't cost you anything other than love and exercise. In return, you'll be making a huge difference in the life of a dog. You will also be part of a vital network which allows us to rescue more dogs and save more lives.

What are we looking for?

- ✦ People with large breed experience
- ✦ Secure yards with at least 5 foot fencing
- ✦ People committed to on-going training and daily exercise
- ✦ No small dogs, cats or pocket pets
- ✦ Families who are willing to make the dog a part of their daily lives

If you can open your home and heart to an Alaskan Malamute in need, please email us - enquiries@amraa.org.au or complete the application <http://www.amraa.org.au/foster-care-application>

Victoria – Dogs for Adoption

VIC - Keysborough
Australian Animal Protection Society (AAPS)
Name: **FLUFFY**
Sex: Female - desexed
Breed: Alaskan Malamute
Age: 2 years

VIC – Shepparton
Northern Victorian Sled Dog Rescue (NVSDR)
Name: **OLIVIA**
Sex: Female - desexed
Breed: Alaskan Malamute
Age: 6 years

VIC – Shepparton
Northern Victorian Sled Dog Rescue (NVSDR)
Name: **SOPHIE**
Sex: Female - desexed
Breed: Alaskan Malamute
Age: 1 year

20 Things You Can Learn from Your Pets

Reprinted from the
WebMD website:
pets.webmd.com

1. Forget Multitasking

When dogs have a job to do, they give it their undivided attention. It turns out people should probably do the same. Stanford researchers found that attention and memory suffer in those who juggle work, email, and web-surfing, compared to those who focus on one task at a time. Other studies suggest employees actually lose time when multitasking.



2. Take Naps

You won't catch your pet going from dawn to dusk without any shut-eye. There's good evidence humans can benefit from catnaps, too. A study involving about 24,000 people indicates regular nappers are 37% less likely to die from heart disease than people who nap only occasionally. Short naps can also enhance alertness and job performance.



3. Walk Every Day

Whether you've got four legs or two, walking is one of the safest, easiest ways to burn calories and boost heart health. Taking regular walks can also help you:

- Fight depression.
- Lose weight.
- Lower your risk for type 2 diabetes.
- Lower the risk of breast and colon cancer.
- Keep your bones strong.
- Keep your mind sharp.



4. Cultivate Friendships

People are social animals, and friendships have measurable health benefits. Researchers in Australia followed 1,500 older people for 10 years. Those with the most friends were 22% less likely to die than those with the fewest friends.



5. Live in the Moment

Living in the moment may be one of the most important lessons we can learn from our pets. In a study called "A Wandering Mind Is an Unhappy Mind," Harvard psychologists conclude that people are happiest when doing activities that keep the mind focused, such as sex or exercise. Planning, reminiscing, or thinking about anything other than the current activity can undermine happiness.

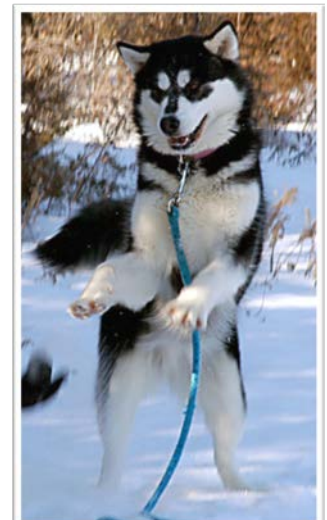


6. Don't Hold a Grudge

Part of living in the moment is letting bygones be bygones. Let go of old grudges, and you'll literally breathe easier. Chronic anger has been linked to a decline in lung function, while forgiveness contributes to lower blood pressure and reduced anxiety. People who forgive also tend to have higher self-esteem.

7. Wag

OK, so maybe you don't have a tail. But you can smile or put a spring in your step when you're feeling grateful. Researchers have found a strong connection between gratitude and general well-being. In one study, people who kept gratitude journals had better attitudes, exercised more, and had fewer physical complaints.



8. Maintain Curiosity

According to a popular saying, curiosity may be hazardous to a cat's health. But not so for humans. Researchers have found that people who are more curious tend to have a greater sense of meaning in life. Other studies have linked curiosity to psychological well-being and the expansion of knowledge and skills.

9. Be Silly

Indulging in a little silliness may have serious health benefits. Cardiologists at the University of Maryland Medical Center found a stronger sense of humor in people with healthy hearts than in those who had suffered a heart attack. They conclude that "laughter is the best medicine" – especially when it comes to protecting your heart.

10. Make Time to Groom

Aside from the obvious health benefits of bathing and brushing your teeth, grooming can have a number of positive effects on your life. Good personal hygiene is vital to self-esteem. A tidy appearance can also help you get and maintain a job.

11. Drink Water When You're Thirsty

Dogs don't lap up sports drinks when they've been playing hard – and most people don't need to either. During a typical workout, drinking water is the best way to stay hydrated. Water gives your muscles and tissues critical fluid without adding to your calorie count. Be sure to drink more than usual on hot days or when you're sweating a lot.



12. Get a Back Rub

The power of touch is nothing to sniff at. The Touch Research Institute at the University of Miami Miller School of Medicine has found massage therapy can ease pain, give the immune system a boost, and help manage chronic conditions like asthma and diabetes. The touch of a loved one may be even more powerful. In one study, married women experienced less anxiety over the threat of an electric shock when they held their husbands' hands.



13. Eat Fish

Most cats and dogs would trade kibble for a can of tuna any day. Luckily, you can choose to make fish a regular part of your diet. Salmon, tuna, trout, and other fatty fish are high in omega-3 fatty acids, which may reduce the risk of heart disease, high blood pressure, and arthritis. In addition, Rush University researchers found that people who eat fish at least once a week are 60% less likely to develop Alzheimer's disease.



14. If You Love Someone, Show It

Dogs don't play hard to get – when they love you, they show you. It's a good approach for people seeking to strengthen their relationships. A study published in the journal *Personal Relationships* suggests small, thoughtful gestures can have a big impact on how connected and satisfied couples feel.



15. Play

Goofing off is not just for kids and kittens. In his book, *Play*, Stuart Brown, MD, writes that playing is a basic human need along with sleeping and eating. Play enhances intelligence, creativity, problem-solving, and social skills. So take a cue from your pet and devote yourself to an activity that has no purpose other than sheer fun



16. Enjoy the Great Outdoors

A hike in the woods may be a dog's idea of bliss, but it has plenty of benefits for the human mind and body as well. Spending time outdoors can enhance fitness, increase vitamin D levels, and reduce stress. In children, playing in natural settings has also been linked to better distance vision, fewer ADHD symptoms, and better performance in school.



17. Be Aware of Body Language

Dogs are excellent at reading each other's intent from body language. Humans, not so much. While most of us do reveal our emotions through posture, speech patterns, and eye contact, other people generally aren't very good at reading those cues. People get better at decoding body language as they get older.



18. Stretch Often

Stretching will keep you limber, but the benefits don't stop there. In a 10-week study, volunteers who did no exercise other than stretching experienced surprising physical changes. Besides improving flexibility, they increased their muscle strength, power, and endurance. Although the study was a small one, the results suggest stretching may be a good alternative for people who have a condition that rules out traditional strength-training.



19. Seek Out Shade

When you're at the park, and your pooch is ready for a break, she'll probably find a nice shady spot to relax. Dermatologists recommend you follow suit, especially between the hours of 10 a.m. and 4 p.m. That's when you would soak up the most UV rays, particularly during late spring and early summer. While you're sheltered in the shade, it's a good idea to use a broad-spectrum sunscreen on exposed skin.

20. Stick to a Schedule

Pets like the consistency of a routine – they can't tell a Saturday from a Monday. The same goes for the human body clock. People sleep better if they go to bed and get up at the same time every day, even on weekends. Sticking to a consistent schedule for bathing, dressing, and eating can also improve the quality of sleep.

Committee Updates

Committee Positions:

Following the AGM, Anna Paxton, Lorraine Green & Marty Cord offered to continue in the roles of Health Officer, Show Secretary and Obedience Coordinator respectively for another term. Thanks Anna, Lorraine & Marty!

Activities:

The activities calendar for 2014 is to be available soon and will be published on the AMCV website and in the Summer edition of the Malamute Mail.

Newsletter:

Content for the newsletter is always welcome. If your dog has achieved something, has had a major birthday or if you have a story, interesting article or photo you think others would be interested in, please send it to us for the Malamute Mail.

Tuggy Shield Weight Pull Event:

The biggest Weight Pull event for the year (Tuggy Shield) & the second AMCV event for the year was held on 8th of September. This day brought dogs of different breeds out and we got a total of 28 dogs in attendance. I'm pretty sure that's the most AMCV has had in one Weight Pull Event ever, so I was very happy.

All the dogs that entered seemed to be full of energy and enthusiasm as we got a lot of personal bests and quite a few gained there Weight Pull Titles. I must admit I felt very proud to share that moment with the dogs and their handlers.

The highest pull of the day went to the very strong handsome Mack the Amstaff pulling a HUGE 916kgs and the Tuggy Shield was awarded for Best Pull of the Day to Sharen McPhan's amazing boy Darcy pulling a fantastic personal best of 24.6 times his body weight - both proud moments to witness.

Mel Gray

Backpacking:

Backpacking has now finished up for the year. Unfortunately our Picnic Fun Walk had to be cancelled yet again with the forecast for the Sunday of the walk being changed to 30oC at the last minute. With this having been the only day over 30oC since last summer we were pretty unlucky.

As there are no free weekends left in the calendar to reschedule the walk, we would encourage anyone who is keen to try backpacking to instead come along to the Activities Weekend at the You Yangs Western Plantation on the 16th & 17th November.

Sledding:

Sledding has finished up for the year however there is one last opportunity to do some training and practice at the AMCV's Activities Weekend at the You Yangs in November.

Those who have never done sledding before and want to give it a go are welcome to come along, no matter what breed of dog – we also welcome non-members. There will be equipment to borrow, training sessions on whatever people want to do including sledding, weight pulling, backpacking and even show training.

The AMCV will have equipment there for newcomers to borrow as well as some items for sale and the facility to have dogs measured for harnesses.

This weekend will also be a fundraiser for the Alaskan Malamute Rehoming Aid Australia (AMRAA) who will be coming along and putting on a BBQ tea on Saturday and breakfast on Sunday so come along and support them as well as having a good time with your dog doing the various activities on offer.

If anyone has any feedback on our sledding season or suggestions on any improvements you think we could make, please let me know.

Ralph Koch



WHERE'S WOOFA?
See if you can find naughty Woofa who is hiding somewhere in this newsletter...

Welcome New Members!
Cathy, Rodney & Gemma Tarrant
Laura Torelli & Max Sahil
Libby & Abbey Martin

Out & About...



Mel Gray and the AMC Display at the AMRAA Fun Walk at Lilydale Lake



State Cup winners: Ralph, Stuart, Joedy, Ian, Colin, Ash, James & Merv



Daylesford Hike – Sandy & Meecca



Stuart and Wuggy



Mack deserves a rest on top of the 916 kg he pulled!



You Yangs Hike: Emma McDougall & Scout



Sulky team Rhonda & Dukits followed by Megan & Ralfie



Nerys & Mum Rachel in Pee Wee



Activities Day at Templestowe



Photos thanks to Joedy Neeleman, Mel Gray, Donna Treadwell & Ralph Koch

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